

12/18/96

Dear Barbara Moore

Reece seemed to slowly develop his bed-wetting problem. After he was potty trained at two years old he had no problem waking up at night and using the bathroom. Slowly, he began having accidents every so often. We tried reducing his fluid intake before bed and tried a reward method for keeping his bed dry. Neither method seemed to have much effect.

Eventually over a three year period he had degraded to wetting his bed nearly every night. Often, he never realized that he had wet his bed until the next morning. This led to great frustration on his part and ours. We tried waking him up at midnight or 11:00 P.M. only to find him already wet. We had him change his bed and take showers partly to wake him up and partly to give him responsibility. For a brief period he wore pull-ups since washing the sheets and blanket was getting too frequent.

When Reece was about five years old we tried the drug DDAVP. It was successful, however, the doses continually had to be increased to remain effective. Reece started complaining of headaches and we associated this with DDAVP. We stopped using the drug after six months and just hoped he would outgrow the problem. We felt bad for Reece as he was always upset about wetting his bed. We would find ourselves in embarrassing situations when staying at friends' or relatives' houses overnight. We were at our wits end and were desperate for an answer.

Within two weeks of visiting the Enuresis Center there was a tremendous change. Reece had reduced his bedwetting to small dime-size spots on his underpants. He was waking up in the morning DRY! We were all very excited about the near instant success. Over the last few months Reece has gained more and more confidence through the use of the "fluid challenge" and has recently tackled 12oz of fluid before bed. We now travel to friends and relatives without worrying about possible embarrassing accidents. We are all pleased with the success we have found through the Enuresis Center.

Thank You!

Mr. And Mrs. Miles A. P