

We came to ETC with a skeptical (yet hopeful) attitude. Back when Jared was four I first came across the condition called enuresis. He was so relieved to discover this was not his fault and we just assumed he would outgrow it. From age 5 to 12 we started to try numerous interventions (waking him up-even as often as hourly; a very in-depth program similar to this but with no help, chiropractic, no fluids after dinner, no dairy, and probably other things forgotten). Nothing worked. Not even a little.

Hearing an ad and a suggestion from our chiropractor about ETC prompted me to check them out on-line. I saw the statistics that the frequency(nightly) and age (now 12) indicated we were far from over and that even if he did outgrow it he was likely to develop adult sleep problems. We did not want this for Jared so we gave ETC a call when we realized this is more than just wetting the bed.

Jared thought this was just another dead end but meeting Izzie and the information Barb shared convinced him to give ETC a try. We saw improvement right away and it was so strange not to do a load of wash every day. I had to actually plan a laundry day! Jared was not impressed at first but was terrific at doing the tasks assigned. I think the gradual process of getting new tasks made it all quite do-able. And the fact that the results continued to improve kept him motivated to continue doing them. For the first time we packed for summer vacation without goodnights and a pad for the bed!

Now Jared is graduating-only 8 months after our first visit! We are so proud of Jared and his dedication to stick with it. We are thankful for ETC's program. Having Claudia there to guide us and answer our questions was very helpful.

It worked!

A handwritten signature in black ink, appearing to be 'M. K. ...', followed by a long horizontal line extending to the right.